

[PDF] Yogi of Walden

## Yogi of Walden

*S. Bharadwaj*

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**S. Bharadwaj : Yogi of Walden** before purchasing it in order to gage whether or not it would be worth my time, and all praised Yogi of Walden:

If any movement of the West was deeply influenced by the philosophy and wisdom of India it was American Transcendentalism of the nineteenth century.It emerged as a strong reactionary movement,braving the currents of British Empiricism,Scientific Naturalism and Dialectical materialism of Europe.American Transcendentalism believed in commitment to the Truth rather than in religious dogma and theology.The eclectic American Transcendentalists,led by Emerson,Thoreau,and Whitman,turned to Indian and Greek philosophy,Sufism,Confucianism,Taoism and Buddhism for inspiration in their mission to stem the influence of the materialistic culture of Europe on an emerging American Society.Thoreau,however,surpassed the others in his enthusiasm for Vedic literature.

This excellent well written book fulfils it's claim to achieve as it's subtitle says,"Bridging the philosphies of East and West'.In this detailed study the author succintly pinpoints,in Thoreau's writings how the American Transcendantalists,of which Thoreau,along with his famous mentor Ralph Waldo Emerson,were all greatly influenced by the Hindu scriptures,particularly the Bhagavadgita and the Principal Upanishads.Henry Thoreau in Walden wrote directly of his great debt to Vedic thought. The book is an enjoyable and fascinating read for all those who are

interested in the great man, whose writings were a major influence on Mahatma Gandhi, Nelson Mandela, Martin Luther King, the Kennedy brothers and the others in the Civil Disobedience Movement. --Alan Jacobs. About the Author Sudar Bharadwaj, Ph.D., after a teaching career spanning twenty five years, is a researcher, freelance writer, consultant Professor and guest lecturer in Soft Skills to various colleges.. His research articles have been published in national and international journals.