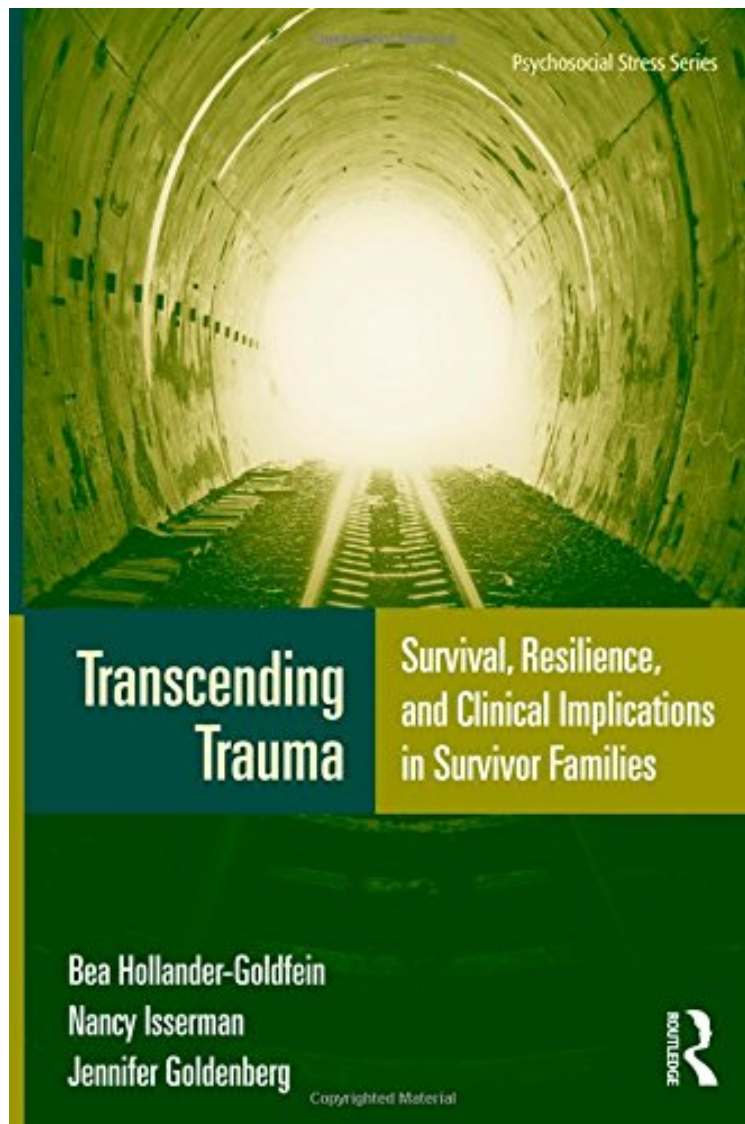


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Transcending Trauma: Survival, Resilience, and Clinical Implications in Survivor Families (Psychosocial Stress Series)

Bea Hollander-Goldfein, Nancy Isserman, Jennifer Goldenberg
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Bea Hollander-Goldfein, Nancy Isserman, Jennifer Goldenberg : Transcending Trauma: Survival, Resilience, and Clinical Implications in Survivor Families (Psychosocial Stress Series) before purchasing it in order to gage whether or not it would be worth my time, and all praised Transcending Trauma: Survival, Resilience, and Clinical Implications in Survivor Families (Psychosocial Stress Series):

2 of 2 people found the following review helpful. Insights into Treating Trauma By Pete This is a very engaging book that identifies the strengths that enable trauma survivors to go on to lead full and meaningful lives. It can be helpful to therapists who treat survivors of various traumas including sexual abuse and physical violence. It can be helpful to families of survivors as well. This well researched book is based on extensive interviews with Holocaust survivors and their families-The timeliness of this research and the sensitivity to the survivors has led to valuable insights and pays tribute to the survivors. I recommend this book very highly. 0 of 0 people found the following review helpful. Must Read for Understanding How We Can Survive and Transcend Trauma By Zieva Konvisser Based on 275 in-depth life histories with Holocaust survivors, their children and grandchildren, Transcending Trauma provides a comprehensive understanding and integrated model of coping and adaptation after extreme trauma that can be applied to a broad range of traumas and a diverse group of survivors. The book and accompanying CD of full-text life histories vividly describe how differences among survivor families and how they nurture and socialize children in the formative years helps to explain variations in adult coping and adaptation. The researchers thoroughly explore and describe protective and risk factors leading to resilience and vulnerability. Valuable insights and evidence are provided for the development of mental health interventions and social policies that could not only mitigate the negative effects of these horrific traumatic events, but also help foster more positive, long-term adaptations for all trauma survivors. What I most appreciate about the book and the integrated model it proposes is the holistic, systemic approach that is presented. The model is a most useful and thoughtful addition to current thinking on the intergenerational transmission of extreme trauma. 2 of 2 people found the following review helpful. Important and Inspiring Book By Hilary This well-researched book, while about survivors of the Holocaust and their families, is really a book that informs us about those who survive extreme inhumanity. The message of the book, based on extensive research over 20 years with over 250 individuals, is that it is possible to lead a rich and rewarding life after enduring terror and brutality. Over one third of the survivors they interviewed went on to create family lives in which they and their children flourished. The book is based on in-depth interviewing and innovative data analysis. The researchers used a team approach throughout their decades project. The book reviews the most relevant literature for each topic. I highly recommend this book, which is a great achievement. I feel profoundly grateful to the authors for allowing themselves to be so deeply affected by the survivors' stories and working with them with such heart and integrity.

Based on twenty years of intense qualitative research, Transcending Trauma presents an integrated model of coping and adaptation after trauma that incorporates the best of recent work in the field with the expanded insights offered by Holocaust survivors. In the book's vignettes and interview transcripts, survivors of a broad range of traumas will recognize their own challenges, and mental-health professionals will gain invaluable insight into the dominant themes both of Holocaust survivors and of trauma survivors more generally. Together, the authors and contributors Sheryl Perlmutter Bowen, Hannah Kliger, Lucy Raizman, Juliet Spitzer and Emilie Scherz Passow have transformed qualitative narrative analysis and framed for us a new and profound understanding of survivorship. Their study has illuminated universal aspects of the recovery from trauma, and Transcending Trauma makes a vital contribution to our understanding of how survivors find meaning after traumatic events. Accompanying Transcending Trauma is a CD of full-text life histories that documents the survivor experience. In seven comprehensive interviews, survivors paint a picture of life before and after war and trauma: their own feelings, beliefs, and personalities as well as those of their family; their struggles to deal with loss and suffering; and the ways in which their family relationships were able, in some cases, to mediate the transmission of trauma across generations and help the survivors transcend the trauma of their experiences.

"Transcending Trauma shows that it is possible to learn even from the most horrific events of the past hundred years. The authors emphasize that trauma always involves survival and that focusing on survival can deepen our understanding of coping and resilience. The result is a magnificent integration of individual, family and cultural perspectives on trauma and resilience." - Danny Brom, Israel Center for the Treatment of Psychotrauma, Jerusalem, Israel, and coeditor of Treating Traumatized Children: Risk, Resilience, and Recovery "Transcending Trauma changes the way we think about Holocaust survivors and, indeed, about the human ability to cope with all manner of traumatic experience." - from the foreword by Charles R. Figley, PhD, the Paul Henry Kurzweg Distinguished Chair in Disaster Mental Health at Tulane University and author of Compassion Fatigue "Transcending Trauma is a sensitive and thorough as well as clear and comprehensible study of a controversial topic." - Peter Suedfeld, PhD, professor emeritus, University of British Columbia "The authors of Transcending Trauma have captured the process that allows trauma survivors to travel to the abyss and back. This book is a must read for anyone interested in the intergenerational transmission of sorrow, hope, and social justice." - Roberta Greene, professor at the University of Texas School of Social Work and author of Resiliency: An Integrated Approach to Practice, Policy, and Research "I found [this book] absolutely compelling and awe inspiring. [The authors] have done an immense job of integrating vast amounts of data and then integrating the relevant literature. I think the contribution [they] have made is astounding. The main points of [the] work are critically important...every chapter reads like the work of love." - Kaethe Weingarten About the

AuthorBea Hollander-Goldfein, PhD., LMFT is director of the Postgraduate Certificate Program in Marriage and Family Therapy, director of the Transcending Trauma Project, and senior staff therapist at the Council for Relationships, Philadelphia, PA. She is also a clinical assistant professor at Jefferson Medical College in Philadelphia, PA. Nancy Isserman, PhD. is co-director of the Transcending Trauma Project and Senior Research Fellow at the Council for Relationships, Philadelphia, PA. She is also associated with the Feinstein Center, Temple University. Jennifer Goldenberg, PhD., LCSW is a clinical social worker in private practice in Bangor, Maine, USA and Research Associate, Transcending Trauma Project, Council for Relationships, Philadelphia, PA.