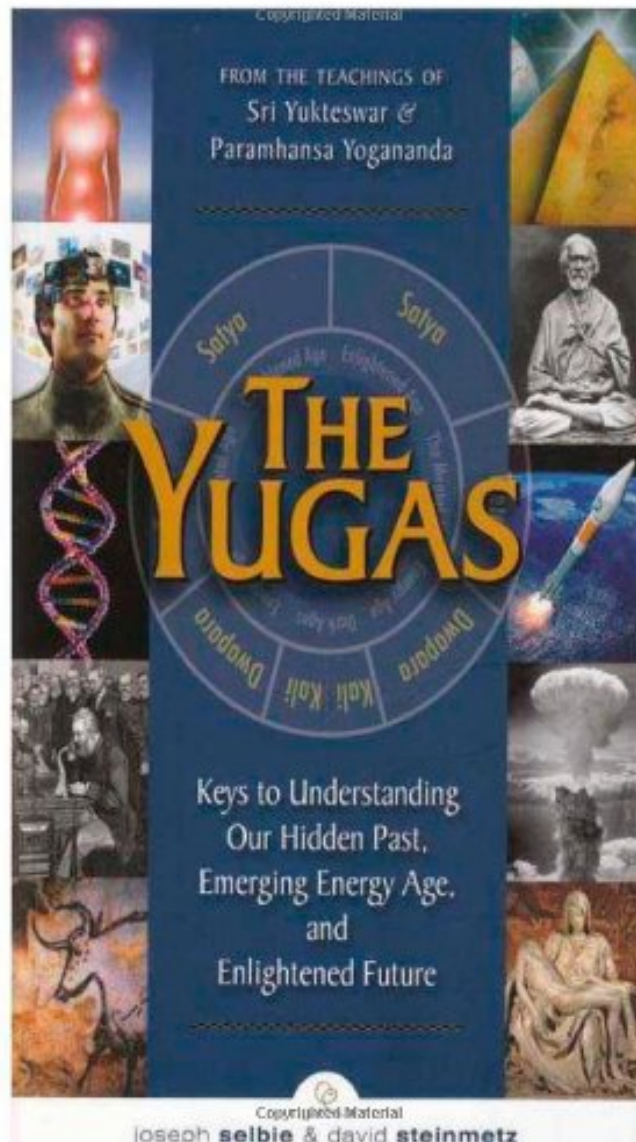


The Yugas: Keys to Understanding Our Hidden Past, Emerging Present and Future Enlightenment

Joseph Selbie, David Steinmetz
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Joseph Selbie, David Steinmetz : The Yugas: Keys to Understanding Our Hidden Past, Emerging Present and Future Enlightenment before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Yugas: Keys to Understanding Our Hidden Past, Emerging Present and Future Enlightenment:

1 of 1 people found the following review helpful. Information Dense, Well researched... lots of brain candy to chew

on!By CustomerAWESOME BOOK! I've read a lot on these subjects so most of such books tell me what I already know put me to sleep. This on the other hand brings everything I've ever read in many subject areas together beautifully creating new levels and textures of meaning as well as teaching me new things - extremely well researched! Kudos to the authors! I love how information dense it is... lots of brain candy to chew on! Love it, Love it, Love it!3 of 3 people found the following review helpful. Cycles of Consciousness, not TimeBy Jason Gregory (Author of Fasting the Mind, Enlightenment Now, The Science and Practice of Humility)This piece on the Yugas is one of the best I have read. It covers a vast number of subjects regarding the Yugas, but it goes in depth to the knowledge of how is is consciousness and not time that goes through these cycles. I have been studying the Yugas for quite some time and after I wrote my first book "Way of the Weirdo" I created a film which goes into this and many other topics. Here is the film "The Sacred Sound of Creation"[...]7 of 8 people found the following review helpful. Dissatisfied, but for another reasonBy James A. WoolseyRight off let me say that I am intrigued by the concept of the Yugas, and even do historical calculations based on them. I read Yukteswar's Holy Science some years ago and found his down to earth specificity refreshing. Yugas based on multiples of 1200 yr cycles. Before that most references I found in esoteric literature were figures of millions of years, pretty much useless to apply in our little short lives!My interest began in around 2003 when I tried out spending 12 days in complete darkness, an ancient practice called incubation(Practiced by Parmenides, still used today by yogis, Kogis). Melatonin is converted to pinoline which eventually morphs into DMT, and you experience a form of endogenous ayahuasca, along with telepathic field extension.On the 4th day I felt like I was communicating with a vast intelligence which identified itself as the galaxy, which radiated out its life as in a Tree of Life down the spiraling swastikated arms. All of us live and have our being in this galaxy. It is as if this white light sap of Life flows out of the black hole at the center. (unless you are converting to the Electric Universe model!)The galaxy is literally our local Logos, and its Mind extends throughout like a vast internet.As you can see, I am not immune to pondering the imponderable.OK... so this picqued my interest in all things galactic, and I read Yukteswar.It provided another piece of the puzzle in the cyclical life of the Logos.Yukteswar however lived prior to the discovery of galaxies, as the authors faithfully point out. He knew of a reference to the Vishnabhi or "navel of Vishnu" which was the center of centers for us. Precession is caused by rotation with our dual (Cruttenden is the man here), but Vishnabhi was a center above that, a much longer cycle. Clearly I thought, the galactic center. Also Paul LaViolette's work showed how much the ancients were aware of energy waves from the GC.Now, add to that the emerging knowledge that our system crossed the galactic plane every 12,000 years, as we were approaching that in the period 1998-2030, centered approx. at 2012. Here we found a 12,000 year cycle that suspiciously aligned with another 12,000 year cycle of half of a Great Year. Seemed like a harmonic entrainment, or like gears within gears.So my disappointment boiled down to this: Yukteswar did NOT know about the alignment with Vishnabhi circa 2012. He made some calculations that Kali Yuga ended in the 1700s, but it seemed rather arbitrary to me. I thought, if there was a start point to the Grand Cycle that was based on real world physical parameters and location within our complete galactic system, surely the alignment every 12,000 years with the galactic plane must be central. Like the clock hands on midnight.So I set 2012 as the cross-over. Calculate back 2400 years and Kali Yug begins 400 BC which I find far more satisfying than 700 BC. Here we find a world wide shift, a transition from a more mythic shamanic age into the age of intellectualization. The sages appear world wide to make the cross-over. Siddhartha Buddha, Plato, Confucius, Lao Tse. Look at Plato in particular. They all worshiped Parmenides the so-called father of philosophy, but he was not a mental gymnast; he was shamanic from the old school. Plato, initiate of the Mysteries, tried to reveal the Mysteries as far as he dared, through words. This is a step-down form mythic direct gnosis as practiced by Parmenides, non-dual encounters with the Goddess, into mental models. Unless you have the referent thru experience, the mental symbols are hollow. The transition is completed by Aristotle who relies on only the senses, and this sets the pattern for the next Age, Kali Yuga. The age of objectified, mechanical thinking.If the shift from Kali to Dwarpa Yuga is the understanding that the cosmos is not "stuff" but "energy" or even pattern, I do not see this really hitting the ground until post WW2. Up until then it is all steam engines and physical force. In fact, it is with the return of the shamanic consciousness in the 60's (thru the agency of the rediscovered path of sacred nootropic medicines) that the old paradigm is really beginning to dissolve.And so, I came to this book hoping to find more information on exactly how Yukteswar came up with his transition date for the end of Kali Yuga. Alas I found nothing more than what was in his Holy Science. The authors took Yukteswar as dogma. I find one can fudge the data trying to pin down cross-over periods pretty easily during a couple of hundred years. Sure you can find the beginnings of science, which would lead to seeing the world as energy, but that didn't really get off the ground until Einstein. The 20th century is the story of old steam engine empires thrashing themselves to death as their paradigm is dying. The Kali Yuga died in the 20th century, and boy was it Kali at her destructive nature (gotta tear down before the new remodel can begin).And so, I like my alignment dates better. Thus for that reason that my understanding was not increased, I came away disappointed.

Today's view of history cannot account for ancient anomalies,such as the Pyramids and advanced knowledge contained in India's Vedas-but in 1894 an Indian sage gave us an explanation not only for our hidden past, but for the

trends of today and for our future enlightenment-the 24,000 year yuga cycle.

The concept of the yugas is critically important for a clear understanding of humankind's ancient past, our potential future, and the way the larger cosmic environment influences humanity's changing consciousness. The conventional mainstream view of an overall linear progression in human history is no longer tenable; it is now clear that the ancients of 10,000 to 15,000 years ago were not primitives and we have much to learn from them. Based on the teachings of Sri Yukteswar, *The Yugas* by Joseph Selbie and David Steinmetz provides a perceptive analysis of history from the height of the last Satya Yuga (Spiritual Age) of circa 11,500 B.C. to our present age. Just as importantly, the authors discuss trends and developments that we may anticipate over the next 10,000 years as the cycle of the yugas comes full circle. *The Yugas* integrates and synthesizes disparate facts and apparent anomalies that are often ignored. This is a profound book on a profound subject. Intelligently written and fascinating, it provides new revelations on the unfolding of human potential over the course of millennia. (Robert M. Schoch, Ph.D., July 2010) *The Yugas* is a great and important book that will undoubtedly revolutionize our view of history and how it plays out. Selbie and Steinmetz have done a terrific job in demonstrating the scientific evidence of rising and falling ages of man, as opposed to the linear development of civilization favored by most historians. Before reading *The Yugas*, I was familiar with Sri Yukteswar's and Paramhansa Yogananda's concept, on which the book is based. After reading *The Yugas*, I understood more deeply this concept's sometimes-surprising foundations in the past and its all-penetrating ramifications for the future. Reading this book was like being given a glimpse of the sweeping panorama of the ages. My mind shifted. My consciousness was transformed. I think *The Yugas* should be used as a textbook in universities. If you are at all interested in where humanity has been and where we are headed, I highly recommend that you read this book. (Richard Salva, author of *The Reincarnation of Abraham Lincoln* and *Walking with William of Normandy*, August 2010) Move over Copernicus, another revolution is underway! *The Yugas* will not only change the way we look at history, it will change the way we see ourselves and the world around us. This is a wisdom whose time has come. The startling revelations and sweeping vision of Selbie and Steinmetz deliver a story so timeless it will challenge and inspire generations to come! Our forefathers etched the phrase *Novus Ordo Seclorum* (New Order of the Ages) on the Great Seal of our new nation, but few historians have understood its meaning. By resurrecting a lost knowledge, with exquisite and provocative detail, Selbie and Steinmetz unleash its full power and promise. *The Yugas* . . . I absolutely loved this book! (Walter Cruttenden, author of *The Lost Star of Myth and Time*, August 2010) Selbie and Steinmetz have produced a comprehensive and in-depth study of the yuga theory of Hindu and yogic thought. They have based their research upon the writings of Sri Yukteswar, the venerable guru of famed Yoga master Paramahansa Yogananda, and his profound insight. The book covers all aspects of the yugas, including the secret of what world age humanity currently resides in and what we can likely expect for the future. The book casts an important new light on the history and evolution of the human race and the mysteries of the great cycles of time that we must all honor. All those who want to understand our species and the hidden cosmic influences that govern our lives will benefit from its detailed examination. Those who study the book carefully will come away with a transformed vision of our world and its spiritual potentials. (David Frawley (Pandit Vamadeva Shastri), author of *Astrology of the Seers* and *Yoga and Ayurveda*, August 2010) We moderns tend to believe we know more than those who have lived before us, especially those of earlier millennia. In its detailed research and fascinating revelations, this book pricks the bubble of that linear conceit with its wealth of extraordinary insights and evidence to the contrary. Here is proof once again that ancient wisdom and truth, though often overlooked or long forgotten, is never superseded. As we learn in this brilliant detective-like study that probes the arc of time, greater civilizations than ours have preceded and exceeded us, more advanced in spirituality as well as science, borne to higher awareness by a cyclical dance of cosmological forces. Contained in this new history of humankind is a divinely inspired examination of why we were as we were in ages past, why we are as we are in this ascending age of energy and understanding, and what we can anticipate about ourselves and our world in ages yet to come. Selbie and Steinmetz have given us a thesis that is uncompromisingly accurate in its chronicle of significant events and their correspondence to the yugas - cycles of human consciousness - in which they occurred. What emerges is an astonishing, compelling and altogether enlightened view of evolution itself. (James Surendra Conti, Manager, East-West Bookstore, August 2010) If you're one of the people who has been asking yourself, "What's going on these days?" and not finding an answer that resonates with you, this is a book you will want to read and study. Based on the teachings of Sri Yukteswar and Paramhansa Yogananda, the book explains about the Yugas or ages the planet goes through every 24,000 years. Not only does the book provide compelling evidence of the veracity of these cycles, it goes much further by telling us about our possible future cycles and how we and planet can be much different than we are today. *The Yugas* is comforting by giving meaning to today's events and it is intriguing by putting the world into a more easily understood evolutionary picture. This is a don't miss read for anyone who wants a deeper understanding and appreciation of our past, present, and future. A great gift for anyone on a spiritual path and for those who love history. -Krysta Gibson, *New Spirit journal*; December, 2011