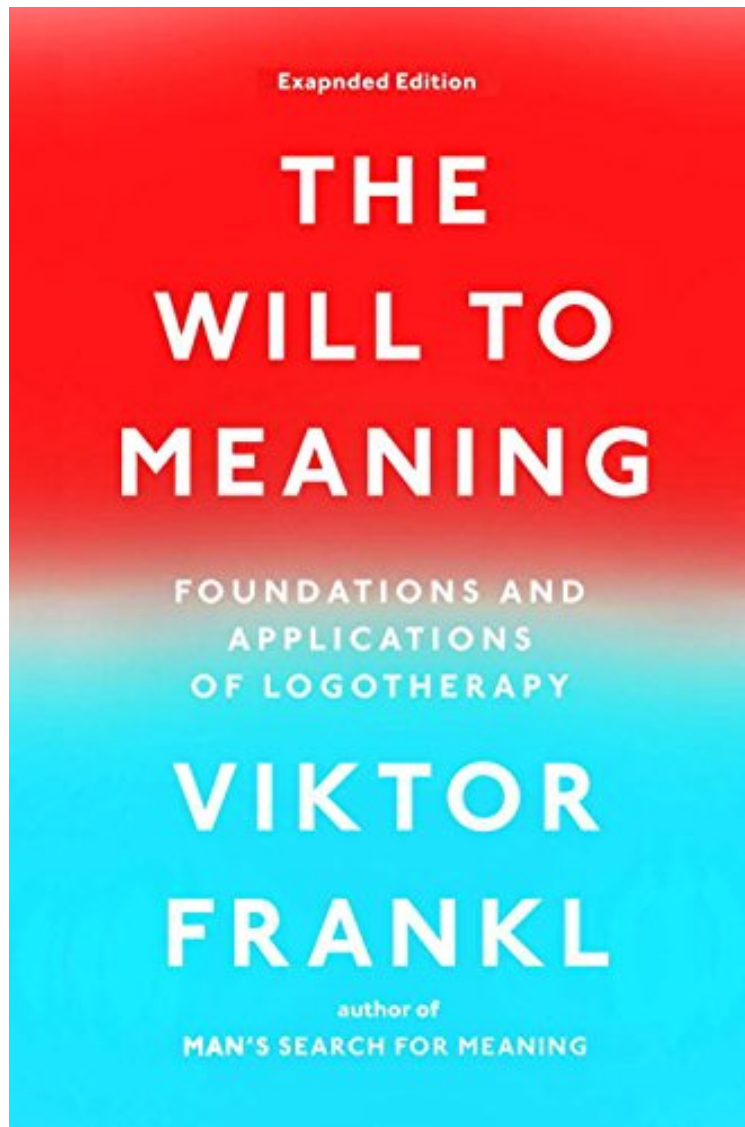


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The Will to Meaning: Foundations and Applications of Logotherapy

Viktor E. Frankl

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Holocaust survivor Viktor E. Frankl is known as the founder of logotherapy, a mode of psychotherapy based on man's motivation to search for meaning in his life. The author discusses his ideas in the context of other prominent psychotherapies and describes the techniques he uses with his patients to combat the "existential vacuum." Originally published in 1969 and compiling Frankl's speeches on logotherapy, *The Will to Meaning* is regarded as a seminal work of meaning-centered therapy. This new and carefully re-edited version is the first since 1988.