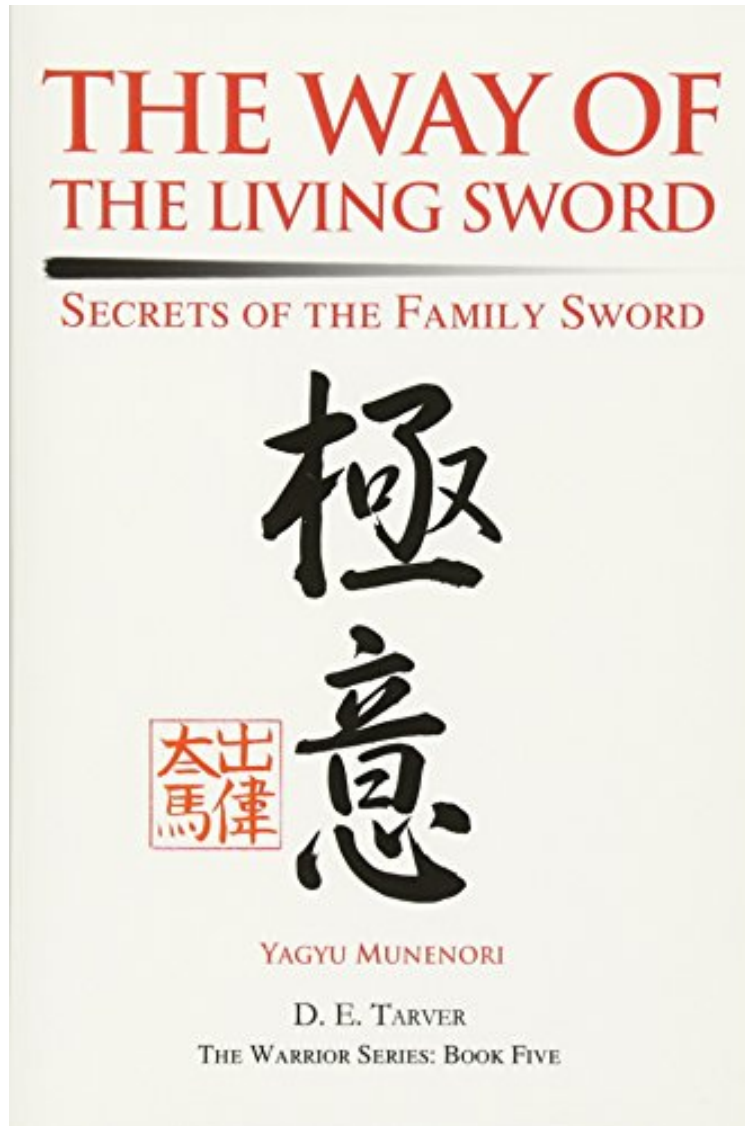


[Mobile book] The Way of the Living Sword: The Secret Teachings of Yagyu Munenori

The Way of the Living Sword: The Secret Teachings of Yagyu Munenori

Yagyu Munenori, D. E. Tarver
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Yagyu Munenori, D. E. Tarver : The Way of the Living Sword: The Secret Teachings of Yagyu Munenori before purchasing it in order to gauge whether or not it would be worth my time, and all praised The Way of the Living Sword: The Secret Teachings of Yagyu Munenori:

5 of 5 people found the following review helpful. Exercise your Mind Wisely By Jim Martin And lastly I have read 'the Way of the Living Sword', by D.E. Tarver. Here we find another wonderful short guide not only for martial arts

training but, more importantly, for life and how we should think. A few key points here: Pick the right leaders to guide others. Know who's around you at all times - you must be aware and stay alert. There is but one rule for all to follow. You must read the intentions of others. As much as you read, you must be able to think for yourself (to read it - to live it). There is a process to all things, so allow ALL to flow naturally. Probably the most important note I would like to add: Do as though you were doing nothing and all things will flow from their own accord. Do not have a set goal where you think you can control the outcome - you will falter. Rather, release this thought of control, and just react to the "instant" (the current situation), and you will accomplish anything without the appearance of effort. Such is nature - the natural flow of all things... Naturally, I can't explain everything here, but there is plenty of discussion concerning fighting tactics - some which are very interesting. There is some very useful information in here depending on where you are in your training. I do not practice karate anymore; however it has left a valuable imprint on my life in more ways than one. However, I completely comprehend some of the important lessons in this book. I think it is a valuable tool to have handy. Once again - good job to the author... 2 of 2 people found the following review helpful. A Revelation

By Luis Luzuriaga

After reading this book the first time, my understanding and comprehension of my art has greatly expanded. After reading through the second time, I was a bit disheartened about all the things I missed the first time reading. But I am confident that with each re-read that I will come to better understand the concepts and ideals set out in writing by Yagyu Munenori each time. As I am sure most exponents of the martial arts have come across the terms, Shu, Ha, Rei. Or a similar concept. Reading this book is similar, we can read and copy the ideals verbatim in our everyday lives but it only mimicking the sensei so that our mind and body can absorb the teaching as in Shu. After gaining a better understanding we can break away (not literally) from the sensei's teachings to explore their meaning in greater depth as in Ha. Then comes the "final" stage of Rei, where we can adapt our sensei's teaching to further develop ourselves personally and make it a part of our individual style. Then we review it all and go through Shu, Ha, Rei again. As in our training this process can happen over one training session for a technique but it is a constant over the lifetime of all we do in our art. We are all training over a lifetime, it is not possible for us to learn everything in a few years. This book is not to teach people about how to swing a sword. If that is what you are after, I think you should reconsider and get another book. This book is more about "Why should I use a sword and the ideals, responsibilities and consequences." But it goes even further than a sword, this is about how we conduct ourselves whether we be samurai, poet, or a leader. Whether you are just beginning a new martial arts or have been training for a long time this is a good book to gain better insight as to why we train. For those that train in the Koryu Bujutsu, this is a definite must have book.

Arigato! 1 of 1 people found the following review helpful. Amazing legacy for those interested in the topic

By A. A. WI bought it as a spinoff from reading Miyamoto Musashi, and was quite impressed. More philosophical than *The Book of Five Rings*, it's easier to get started with, but also has more depth. Like the other it's one of those books you are constantly reading from and are always benefiting from thinking you understood some perspective it gave you. Even though it's more easily applicable to Buddhist philosophy or martial arts, the wisdom in here can enrich any perspective of life: work, relationships, self development, business, sport, politics, etc.

The Way of the Living Sword is the final installment in D.E. Tarver's popular Warrior Series. It stands beside *The Book of Five Rings* by Miyamoto Musashi as one of the greatest writings of the warrior mind. In *The Way of the Living Sword*, Munenori gives an in-depth explanation of the connection between physical martial arts and the mental process of Zen. While Munenori and Musashi were both avid students of Zen, Munenori was more fascinated by the academic aspects of the philosophy. Munenori stretches the consciousness of even the most enlightened martial artist. Martial arts devotees will experience many flashes of revelation as Tarver explores the various aspects of Munenori's approach. Read and grow!

About the Author D. E. Tarver holds black belts ranging from second to seventh degree in seven different styles of Japanese and Filipino martial arts. He has taught martial arts and strategy for twenty years. Since his honorable discharge from the Marines, he has spent time in Japan and the United States