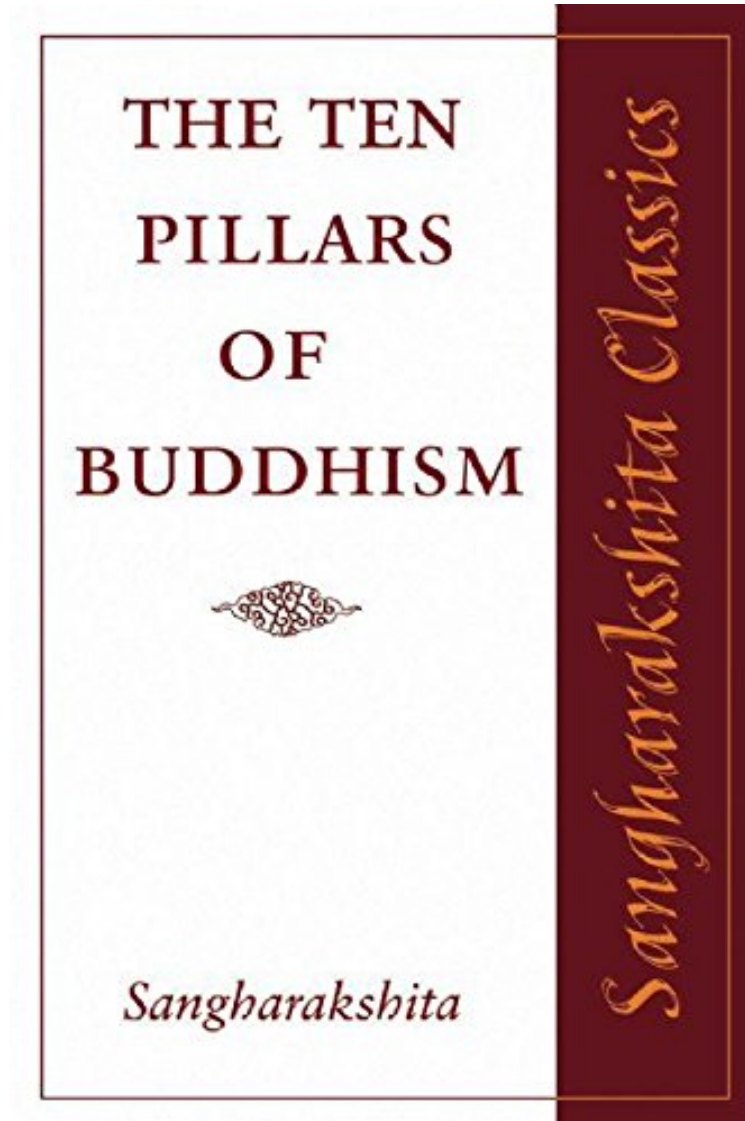


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The ten pillars of Buddhism are ten ethical principles, such as generosity, truthfulness, or compassion, that together provide a comprehensive moral guide. Sangharakshita highlights the depth of these apparently simple teachings by

first considering them collectively and then individually.

About the AuthorA respected translator and author of over fifty books, Sangharakshita began studying BUddhism at the age of 16. After 20 years studying in India he returned to England and set up the Friends of the Western Buddhist Order which has over 65 centres worldwide, including the USA.