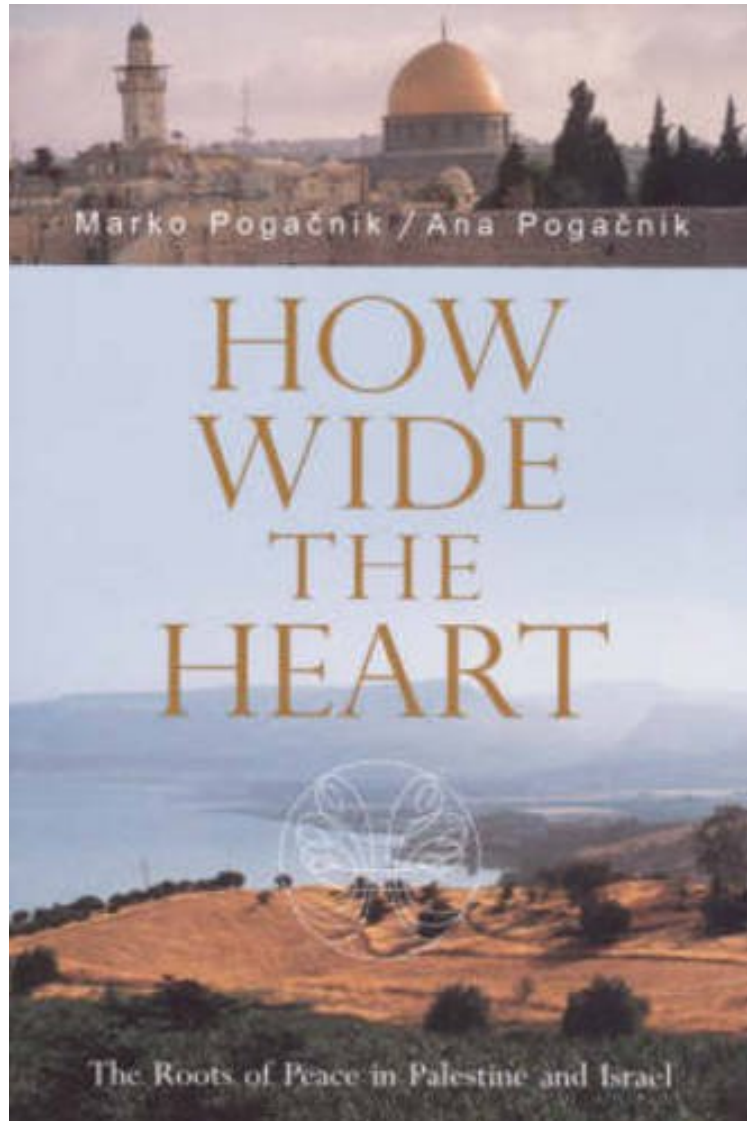


(Mobile pdf) How Wide the Heart: The Roots of Peace in Palestine and Israel

How Wide the Heart: The Roots of Peace in Palestine and Israel

Marko Pogacnik, Ana Pogacnik
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Marko Pogacnik, Ana Pogacnik : How Wide the Heart: The Roots of Peace in Palestine and Israel before purchasing it in order to gage whether or not it would be worth my time, and all praised How Wide the Heart: The Roots of Peace in Palestine and Israel:

5 of 5 people found the following review helpful. A New Experience of the HeartBy Sylvia LagergrenThe problems of Palestine and Israel, from this "heart center of the world," are given a new examination in this book whereby one no longer feels helpless to "do" anything to promote peace and understanding. The analysis of conflicts is not so new perhaps, but the meditations which accompany the chapters in Part I and also the ones in Part II, written by his

daughter, Ana Pogacnik, are very deeply moving. For many years I have led meditations, many about our heart nature, but these, coming as they do from a seemingly hopeless part of our planet, have lifted my spirit and inspired me at a deeper level. A particular quote may be of help: "We cannot connect with the heart's energy and divine love out of fear of sin. Fear and eternal love have such different vibrations that they cannot find each other and never meet... Only through the heart and out of purest love can we experience the infinite divine power for which we are longing." [p. 112] Centuries of religious heritage which have controlled us through our guilt or separateness, no matter whether Judaism, Christianity or Islam, do not serve us. The Pogacniks' connection with the spirits of the landscape as well as heavenly ones makes this book most valid in interpreting our heart's best interest.

In 2001 Marko Pogacnik and Ana Pogacnik set out on a pilgrimage with a group of people interested in geomancy and looking for ways to achieve lasting peace. They traveled along the archetypal path that leads from the Pyramids across the Sinai Peninsula to Jerusalem. Along the way, they visited the holy sites of Judaism, Christianity, and Islam, the three world religions descended from Abraham. By meditating and tuning in to the vital energies of those ancient sites, they were able to decipher the emotional and spiritual dimensions of each location and put into place impulses for healing and regeneration. *How Wide the Heart* provides an overview of the planetary role and the true identity of the Holy Land. The authors affirm the capacity of the landscape of Israel and Palestine to communicate messages that have, so often in the past, been turning points for human history. The second part of the book contains messages that Ana received from the deep source of love and wisdom that Westerners generally call Christ energy. Those messages call on us to look more closely at our individual lives and encourage us to follow our chosen path with increased consciousness and equanimity. A parallel level of these communications describes the process that humanity has experienced over the course of history and reveals important points in that process, moments that determined our common path together and provide impulses for our whole future evolution. The central purpose of the book is to help reestablish a bridge to the landscape. The authors describe ways that life energy is anchored in a specific energetic structure in the landscape surrounding the Sea of Galilee, revealing the important role that this area plays and reflects. This is a timely book for an understanding of the deeper importance of the Holy Land and the events and people of the region.

About the Author Marko Pogacnik was born in 1944 in Kranj, Slovenia, and graduated in 1967 as sculptor from the Academy of Fine Arts in Ljubljana. He lives with his wife Marika in empas, Slovenia. They have three daughters and five grandchildren. From 1965 until 1971, Marko worked as a member of an international art group called OHO in conceptual art and land art. Exhibitions include Information Show at the Museum of Modern Art in New York City (1970), Aktionsraum, Munich (1970), and Global Conceptualism Show 1950-80, Queens Museum of Art, New York (1999). Most of the collection of OHO works is housed by the Museum of Modern Art in Ljubljana. In 1971, with his family and friends, Marko founded a rural artistic community and spiritual center called the "empas Family" in empas, Slovenia. The community lasted until 1979. Exhibitions by the empas Family include Trigon (1977) in Graz and the Venice Biennale of 1978. Since 1979 he has been engaged in geomantic and Earth healing work. In the mid-1980s, Marko developed a method of Earth healing, "lithopuncture" (similar to acupuncture), using stone pillars positioned on acupuncture points of the landscape. He is the author of numerous books, including *Sacred Geography: Geomancy: Co-creating the Earth Cosmos* (2008) and *Turned Upside Down: A Workbook on Earth Changes and Personal Transformation* (2004). Visit his website at www.markopogacnik.com. Ana Pogacnik, born in Slovenia in 1973, is an archaeologist and pianist now living in Munich. Ana conducts educational programs and collaborates frequently with her father, Marko Pogacnik, at earth-healing projects throughout the world. In 2001, she founded the Schule Wieder Sehen. Ana has published numerous books (in Slovenian and German), in which she hopes to encourage self-development and a better understanding of the landscape.