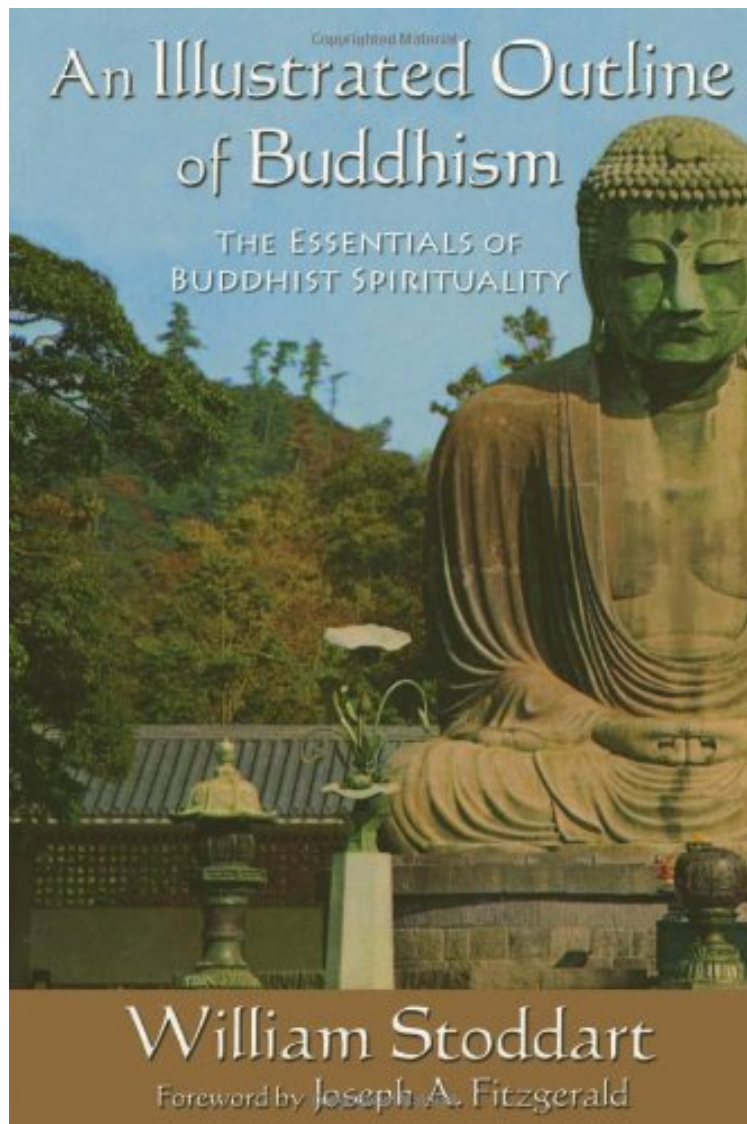


[Mobile pdf] An Illustrated Outline of Buddhism: The Essentials of Buddhist Spirituality (Perennial Philosophy)

An Illustrated Outline of Buddhism: The Essentials of Buddhist Spirituality (Perennial Philosophy)

William Stoddart

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Buddhism By Daniel R Lewis This book does an excellent job in providing an overview of Buddhism. Particularly interesting is how it explains that many of the beliefs and practices in Buddhism resemble those in the other major world religions. It is helpful in understanding why religion should not be encouraging divisions between people. The book appears to be very well researched. The numerous pictures in the book are beautiful and very well reproduced. May all beings know happiness free from suffering. 1 of 2 people found the following review helpful. Great Book for researching Buddhist Spirituality By Kindle Customer Purchased this book as a reference book for the study of Buddhism. This book has more than served this purpose.. 1 of 1 people found the following review helpful. The Essentials of Buddhist Spirituality By Samuel Bendeck Sotillos One should feel grateful for both the existence of Stoddart's --"pocket encyclopedia"-- and having the good merit of coming into contact with it. This book is a gem that guides one through the diverse worlds of the Buddhist tradition and is not only imperative for Buddhism, but serves as a testimony that there are other paths that lead to the One summit. While the literature available on Buddhism is copious, very few books equal this volume, as it is one of the rare and reliable sources that encompass the fullness of the Buddhist tradition and is tailored for Western audiences. We turn to the Buddha's words from the Dhammapada that allude to the medicine and cure for the present-day spiritual malady which this work serves to guide. May it serve all seeking sentient beings to cross to the other shore: "How can there be laughter, how can there be pleasure, when the whole world is burning? When ye are in deep darkness, will ye not ask for a lamp?" -Parabola: Myth, Tradition, and the Search for Meaning, Vol. 39, No. 1 (Spring 2014)

An Illustrated Outline of Buddhism is an ideal introduction to the vast and complex field of Buddhism, a world religion with more than a billion followers. In its short format and accessible style, it presents the essential features of the Buddhist religion with a clear yet concise style that is suitable for both the general reader and student of Buddhism. This fully color edition contains 40 color illustrations, including a stunning array of outstanding examples of Buddhist art, architecture, statuary, and calligraphy. Numerous maps, diagrams, and charts are included to illustrate important aspects of Buddhist beliefs and to summarize the different cultural forms and developmental phases of Buddhism. A select bibliography for further reading and a detailed index will also aid the reader.

This new illustrated edition, revised and enlarged a full generation after the first, provides a clear and succinct overview of Buddhist teachings and practices. . . . Stoddart's work also pays tribute to the overwhelming beauty of Buddhist art amply confirmed by the rich selection of color reproductions in this volume in a wide variety of schools. An Illustrated Outline of Buddhism is thus not only useful, but moving and inspiring, and as such does full justice to a spiritual tradition that is unique and irreplaceable among the great religions of the world. (Joseph A. Fitzgerald) This book is a pocket encyclopedia. The explanations given by the author of many subtle and important doctrines are gratifyingly clear. (Alberto Martin, author of *Sleeping, Dreaming, Awakening*) A salient contribution to the study of Buddhism. The prestigious British author was able to produce here a clear, simple, and at the same time profound and comprehensive study of Buddhism, which puts first things first and each thing in its proper place. The book demonstrates that Buddhism is as much a religion as Christianity or Islam and offers a balanced panorama of the Buddhist religion, history, and culture. (Mateus Soares de Azevedo, author of *Men of a Single Book: Fundamentalism in Islam, Christianity, and Modern Thought*) Buddhism is a religion indigenous to the Indian subcontinent that encompasses a variety of traditions, beliefs and practices largely based on teachings attributed to Siddhartha Gautama, who is commonly known as the Buddha, meaning "the awakened one". The Buddha lived and taught in the eastern part of the Indian subcontinent sometime between the 6th and 4th centuries BCE. He is recognized by Buddhists as an awakened or enlightened teacher who shared his insights to help sentient beings end their suffering (*dukkha*) through the elimination of ignorance (*avidya*) by way of understanding and the seeing of dependent origination (*pratityasamutpada*) and the elimination of craving (*ta ha*), and thus the attainment of the cessation of all suffering, known as the sublime state of *nirvana*. "An Illustrated Outline of Buddhism: The Essentials of Buddhist Spirituality" by William Stoddart is an informed and informative history and introduction to a world religion with more than a billion followers and divided into numerous sects. Beautifully illustrated with eighty full color photographs, and enhanced with a number of maps, diagrams and charts, this compendium of expert commentary on Buddhism's essential features is an ideal introduction and is highly recommended for personal, academic, and community library Buddhist Studies reference collections and supplemental reading lists. (Midwest Book) About the Author William Stoddart was born in Carstairs, Scotland in 1925, lived most of his life in London, England, and now lives in Windsor, Ontario. For many years Stoddart was assistant editor of the British journal *Studies in Comparative Religion*. Stoddart's works include *Outline of Hinduism*, *Outline of Sufism: The Essentials of Islamic Spirituality*, and *What Does Islam Mean in Today's World? Religion, Politics, Spirituality*. Joseph Fitzgerald is a professional editor. He studied Comparative Religion at Indiana University and has traveled extensively throughout the Far East. His edited works include the award-winning *An Illustrated Introduction to Taoism* by Jean C. Cooper. He lives with his wife and children in Bloomington, Indiana.