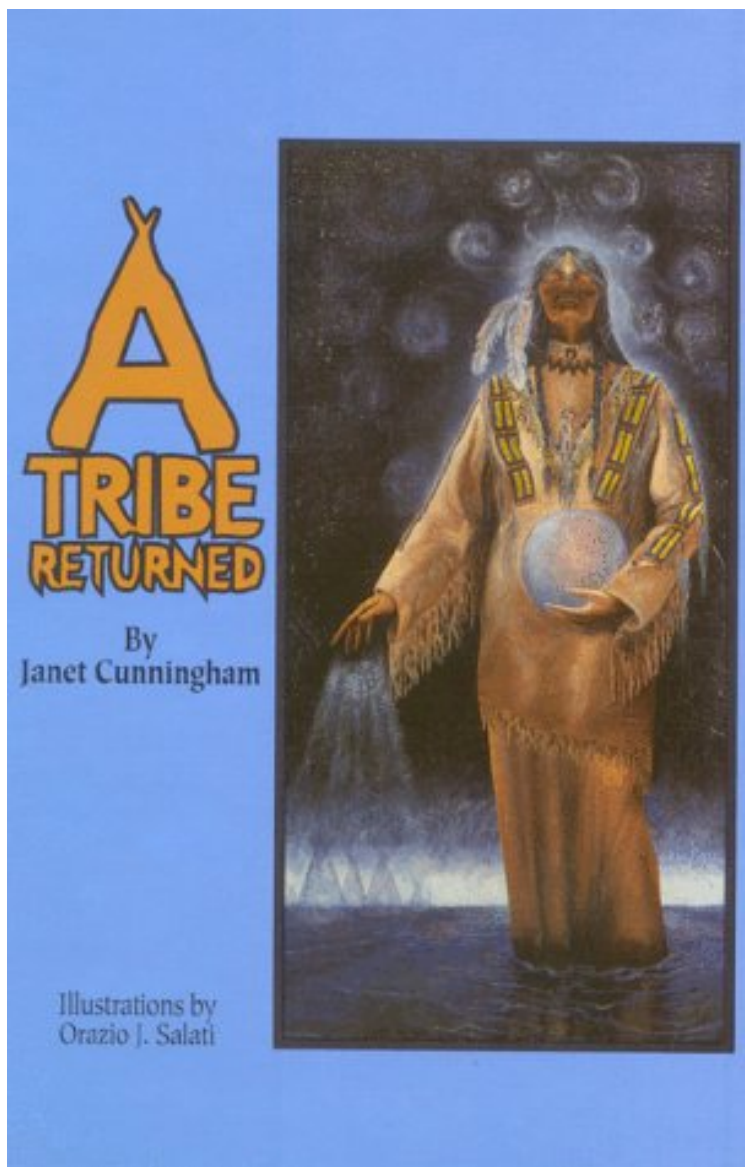


(Download free pdf) A Tribe Returned

A Tribe Returned

Janet Cunningham

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Janet Cunningham : A Tribe Returned before purchasing it in order to gage whether or not it would be worth my time, and all praised A Tribe Returned:

0 of 0 people found the following review helpful. A heartwarming taleBy PromiseI admit that it's been quite a few years since I read this book but I still have a very warm spot in my heart when I think of it. Janet Cunningham's story is amazing!Whether or not it actually happened as the people recalled it, is almost not the point. The fact that so much

healing happened through this experience gives a certain value to it. However, if I had to bet I would put my money on the fact that it did occur. Some of the reviewers pick about the color of the oncoming soldiers uniforms or the beading on the shirt on the cover, but this misses the whole point of the book. Reincarnation is not a mainstream belief in our culture so any book that deals with it is going to be attacked. I applaud Ms. Cunningham for her courage in writing the book. Personally I think that reincarnation and past-life regression therapy is an idea whose times has come. When one has experienced a lifetime of a person in another race, sex, or economic status, he can no longer see such a person as "other." Racism, sexism, all kinds of divisions between people will be vanished when we finally open our minds to the fact that we have all been there. Thanks to Janet Cunningham for writing this book and bringing that time closer. 8 of 11 people found the following review helpful. Tribe of the Wannabees? By A Customer I had really mixed feelings after reading this book. On the one hand, it was clear that the people who shared this experience together got healing and grew closer together from it. But as to what that experience really was, that's another question altogether. Although I believe in reincarnation, I'm also a person who wants to see some documentation that fits the historical facts. There were just too many discrepancies between the "tribe" as Cunningham described it, and the real Oglala (Lakota Sioux) people I lived among in South Dakota. The "Indian ceremonies" she describes are not very authentic, either. One could argue that "times have changed" and the current ceremonies are not what the Natives did 200 years ago. But how do we reconcile a hereditary Chief as described in "A Tribe Returned" with the real Oglala people, who had no such social structure? (And they didn't have "princesses," either.) Also, if the channeled portrait of "Mother Earth" on the cover is wearing Oglala clothing, then she is cross-dressed! The style shirt and beadwork is definitely a man's pattern. Equally puzzling was a reference to blue-coated soldiers in what was supposed to be the 1700's. There were no U.S. soldiers in Indian country at that time, but if they had been, they would have been dressed more like George Washington, not U.S. Cavalry. It is my impression that the "tribe" may well have been a group fantasy. (The author herself raises that possibility.) This does not negate the value of the group therapy that took place among the tribe's members, but I am very skeptical that this was really a case of a Native tribe returned. Unless that tribe happens to be the one that the Native peoples call "Wannabees." 6 of 6 people found the following review helpful. A well written book that holds the reader's interest. By A Customer I found "A Tribe Returned" to be a very well written book that certainly held the reader's interest. Like most books about past lives, skeptics will point out a few inconsistencies and then make the claim that this disproves the entire idea of past lives. But people must stop and consider how good is their own memory of events that occurred in this life only twenty or thirty years ago? There will likely be inconsistencies when compared to the memories of other people who experienced the same event with them, but this doesn't mean the event didn't occur. Overall, I found "A Tribe Returned" to be an excellent book that certainly held my interest to the end.

A Tribe Returned is the incredible personal and professional story of Janet Cunningham and over 25 people who have memories of being together in a Native American Tribe. "You were selected by the Grandfathers to be the next Chief," Janet was told. Unknowingly she gathered the tribe together in this life. As a past-life therapist, she has assisted in releasing the traumatic stored memories of a devastating massacre. Art teacher and artist Orazio Salati began painting his memories on huge canvas before he knew that he was part of the tribe. "The images just came out of me," he told Janet.

"A Tribe Returned provides one of the Myraid Indicators, not only that we have had other lifetimes but that we tend to incarnate in groups with whom we have unfinished business. Even more that its contribution to reincarnation theory, the book provides a heart pull toward the plight of the Native Americans. No one can read Janet Cunningham's book without a deepened sense of responsibility to the native people of our land. These, apparently have in the past included many of us living now!" -- Winafred Lucas, Ph.D. Author of Regression Therapy: A Handbook for Professionals "A Tribe Returned provides one of the myriad indicators, not only that we have had other lifetimes but that we tend to incarnate in groups with whom we have unfinished business. Even more than its contribution to reincarnation theory, the book provides a heart pull toward the plight of the Native Americans. No one can read Janet Cunningham's book without a deepened sense of responsibility to the native people of our land. These, apparently, have in the past included many of us living now!" -- Winafred Lucas, Ph.D., author of Regression Therapy: A Handbook for Professionals and co-founder of the Professional Institute for Regression Therapy "In this book Janet has managed to weave content with experience with philosophy, and especially with healing, and she has done it with a grounded, even sacred attitude." -- Joanne Garland, co-author of Ruth Montgomery: Herald of the New Age "Janet Cunningham is one of those persons whose life defies the normal bounds of reality." -- Chet Snow, Ph.D., author of Mass Dreams of the Future About the Author Janet Cunningham, MS is a nationally known specialist in regression and in client empowerment through altered states of consciousness. She is owner of Breakthroughs to the Unconscious, a private practice in Columbia, MD where she moved after completion of A Tribe Returned. Janet holds a BS in psychology and an MS in health and Human services. She is on the Board of Directors of the Association for Past-Life Research and Therapies and on the Staff of the Professional Institute for Regression Therapy. She has been doing regression

Therapy for over 12 years. Since writing *A Tribe Returned*, Janet authored *Inner Selves: The Feminine Path to Weight Loss* and co-authored *Caution: Soul Mate Ahead!* with Michael Ranucci.