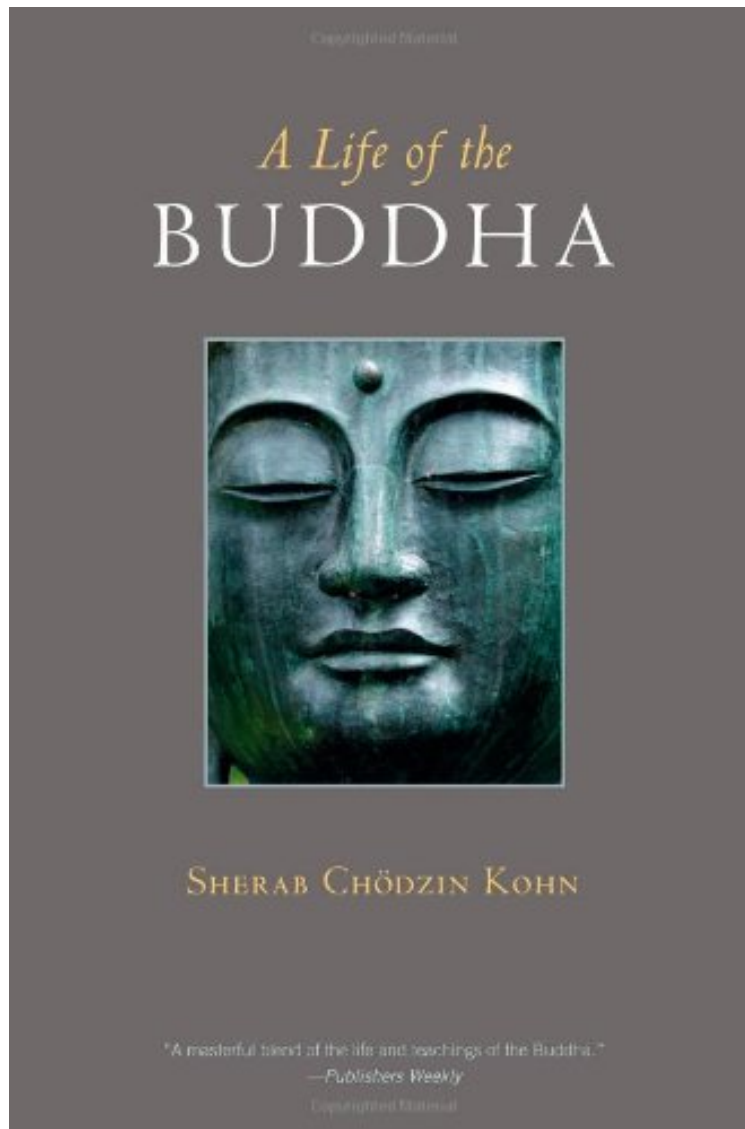


(Download pdf ebook) A Life of the Buddha

## A Life of the Buddha

*Sherab Chodzin Kohn*  
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#1136093 in Books Shambhala 2009-03-10 2009-03-10 Original language: English PDF # 1 8.97 x .48 x 6.021, .60 #File Name: 1590306899176 pages | File size: 66.Mb

**Sherab Chodzin Kohn : A Life of the Buddha** before purchasing it in order to gage whether or not it would be worth my time, and all praised A Life of the Buddha:

0 of 0 people found the following review helpful. Brilliant story of a man who broke through By Charlie B Vermont Amazingly moving to read a story woven from the historical record of the Buddha's life. I hope it's well researched -I confess I haven't checked- but it tallies with everything else I've heard or read. I found Siddhartha Gautama's story incredibly moving. Remembering this book's retelling of the night of his enlightenment brings tears to

my eyes as I write this. Part of Kohn's skill as a storyteller is that his book arcs subtly upward toward that moment, so that when it finally happens it feels both plausible and earth-shattering. The power of this book is that it activates and hooks the passion we all have, no matter how much we rationalize it and try to be practical, to break through: to realize our greatest potential. This is the story of a man who did.

4 of 4 people found the following review helpful. A life changing book for me  
By P. G. Thornell  
When I was 19, and this book was still called *The Awakened One*, I found it in a used book store in Boston. It was my entry point into the Buddhist practice I've continued now for 22 years. I've read several life stories of the Buddha over the years, but this is still my favorite. And being able to have it with me wherever I go on my Kindle is a joy.

0 of 0 people found the following review helpful. Five Stars  
By grace mackertich  
A beautifully written book about the Buddha's life and teachings from someone who is intimately familiar with the subject.

The story of the Buddha and his awakening is more than an account of the birth of a religious tradition: it is also one of the great archetypal tales of the spiritual quest, colorful in its many details and thrilling in its depiction of the world transformed by an enlightened human being. Sherab Chdzin Kohn's retelling of the Buddha's life is both readable and historically informed, and presents the Buddha's teachings along with the events of his past lives to final nirvana. *Library Journal* called it a splendid combination of biography and instruction. This new edition of the book previously entitled *The Awakened One* has been updated to include a short history of Buddhism as well as a selection of resources for further reading.

From *Library Journal*  
What makes Buddhist teacher Kohn's book different from a work like E.J. Thomas's *The Life of the Buddha* (1969) is his lucid way of combining the various early sources he relies on here. The major events in the life of the Buddha from preexistence to his "utter extinction of final nirvana, parinirvana" provide a framework into which Kohn fits many of the Buddha's teachings, which he presents without analysis. A Mahayana view of the Buddha marks Kohn's work, as evidenced by a description of the Buddha's preexistence and his superhuman powers, such as the ability to make others invisible. Though an index would have made the book more useful, it is a splendid combination of biography and instruction. Highly recommended for any library that needs a concise yet thorough presentation of the Buddha's life and teachings.- David Bourquin, California State Univ., San Bernardino  
Copyright 1993 Reed Business Information, Inc. "Kohn's masterful blend of the life and teachings of the Buddha renders this book a valuable guide for those who would follow the path of the Awakened One."  
*Publishers Weekly* "A splendid combination of biography and instruction. Highly recommended."  
*Library Journal* "To enable the modern reader to visualize the Buddha's life so vividly is already quite an achievement. Doubtless an even greater challenge is to present the teachings themselves as part of the narrative flow. The author has succeeded admirably. The principal doctrines are presented in a way that is not only clear and succinct, but that most importantly enables the reader to understand them not as abstract doctrine, but as insights which were themselves events in the life of the Buddha."  
*Parabola*  
From the Inside Flap "Kohn's masterful blend of the life and teachings of the Buddha renders this book a valuable guide for those who would follow the path of the Awakened One."--*Publishers Weekly* "A splendid combination of biography and instruction. Highly recommended." --*Library Journal Eastern Philosophy*